



LIQUID REFRESHMENTS

COFFEE

\$3.80/\$4.30

Padre Seasonal espresso blend

Rich full bodied with notes of malt, toffee & toast

Padre Daddy's Girl espresso blend

Soft rich with mild acidity, mellow caramel, & sweet milk chocolate

Budd wet chai

\$5

Tea & Spice chai powder

\$3.80/\$4.30

With soy or almond milk +50c

Koko Deluxe

\$4.00

Hot chocolate, with or without marshmallows

Iced coffee/Iced Chocolate \$5

With your choice of ice cream, ice or both

TEA

\$4

Premium Ovvio Organic Tea

Blended according to naturopathic principles of traditional herbal medicine. 100% certified organic, unprocessed & unadulterated.

English Breakfast

Earl Grey

Peppermint

Chamomile: chamomile, lavender, linden

Rise & Shine: licorice root, lemongrass, ginger

Genmaicha: green leaf, kukicha, brown rice

Winter Olive: olive leaf, lemon myrtle, elderflower

Summer Pineapple: pineapple, peppermint, lemongrass, lemon myrtle

Choc Mint: licorice root, vanilla bean, cocoa powder

FRESH JUICES

\$8

Apple

Orange

Pineapple

Apple, celery & lemon

Carrot, orange & ginger

Watermelon, lemon & mint

Pineapple, lemon & ginger

SMOOTHIES

Chimpanzee

\$8

Banana, yoghurt, milk, honey and cinnamon

+ protein powder \$2

Bloomy

\$8

Mixed berries, coconut water, organic vanilla extract

+ protein powder \$2

Hola

\$8

Chilled espresso, almond milk, rapadura sugar & cinnamon

OMG One More Green

\$10

Cucumber, coconut water, avocado, baby spinach, lemon, mint and a sprinkle of chia seeds

+ protein powder \$2

OMG SHAKES

\$5/\$3kids

Chocolate /Strawberry /Vanilla /Banana /Caramel

Capi Sparkling Fruit Soda \$4

Lemonade /Yuzu /Blood Orange /Grapefruit

Capi Sparkling Mineral H2o \$4/\$8



MISTY MORNING UNTIL 2PM

TOAST WITH PRESERVES (V)

Choice of sourdough, multigrain, gluten free or raisin orange & fennel fruit toast
\$9.00

QUINOA & OAT PORRIDGE (GF)(V)

Made with almond milk.
Rhubarb, berry, vanilla compote with sunflower, linseed, pistachio dust & a boost of protein powder
\$16.90

PALEO GOODNESS BOWL (GF)

Poached egg, heirloom tomatoes, cauliflower, charred asparagus, kale crisps & ½ avocado coated in sesame, sunflower & pumpkin seeds
\$18.90
+ salmon \$4

SUPERFOOD ON GRAIN (V)

A slice of multigrain sour dough with basil pesto served with kale, broccoli, zucchini, crispy enoki mushrooms & a poached egg
\$18.90

FOUR FRITTERS (V)

Four sweet corn & zucchini fritters layered with grilled miso maple pumpkin, zucchini ribbons, roasted hazelnuts, buttermilk dressing & palm sugar reduction
\$17.90

BUILD YOUR OWN

Eggs any way you want served with 2 slices of sour dough, multi-grain or gluten free toast
\$11.00

+ avocado, field mushrooms, grilled tomatoes, sweet potato hash brown, wilted spinach \$3
+ salmon, chorizo, fetta, bacon \$4

EGG & BACON BRIOCHE

Fried egg, bacon, cheese & relish on a brioche bun
\$12.00

OMG HAM & CHEESE TOASTY

Grilled buttery sourdough sandwich filled with gruyere cheese topped with Dijon béchamel sauce
\$14.90
+ egg \$1

CAPITAINE ROYALE (GF)

Two poached eggs served on top of sweet potato rosti, spinach, prosciutto with OMG hollandaise sauce
\$19.90

MISS AVOCADO (V)

Smashed avocado, beetroot hummus, whipped feta, cherry tomatoes with a hint of mint & chilli served on multi-grain toast
\$19.90
+ egg \$1

BELOVED WAFFLES (V)

Belgium waffles, tossed in cinnamon sugar served with Nutella mascarpone, caramelised banana, toasted hazelnuts, drizzled with Canadian maple syrup
\$18.90

CHILLI SCRAMBLED BAGEL

Eggs scrambled with a hint of chilli sambal, cherry tomatoes and smoked salmon served on a toasted seeded bagel.
\$19.90

We are happy to accommodate a range of dietary requests. Please check with the staff upon ordering.



LUCIOUS LUNCH FROM 12NOON

OMG CLUB SANDWICH

Crispy bacon, roma tomatoes, herbed chicken, cos lettuce with aioli and mustard. Served on thick brioche toast.

\$16.50

BURGERS

BEEF BANGER BURGER

Angus beef patty, cheddar cheese, lettuce, tomato, pickles, American mustard & aioli

\$17.50

+ Mac & Cheese Patty \$4

GRILLED CHICKEN BURGER

Tandoori chicken breast, avocado, lettuce, tomato, red onion & chipotle aioli

\$17.50

HERBIVORE BURGER (V)

Falafel patty with beetroot hummus, rocket, miso maple pumpkin & basil pesto on a beetroot bun

\$16.50

\$4 Side of fries

-Shoestring Fries

-Eggplant Chips

SIDES

Shoestring fries **\$8**

Sourdough with olive oil & dukkha **\$9**

Rocket, pear, walnut and parmesan salad **\$10**

Crumbed eggplant chips w/ garlic aioli **\$12**

SALADS

CHICKEN MIX SALAD

Cos lettuce, cherry tomatoes, cucumber, shaved red onion, boiled egg, kaiser bacon, sourdough croutons, avocado & poached chicken aioli mix with tangy ranch dressing

\$18

HERBIVORE SALAD (GF) (V)

Scorched paprika cauliflower, chickpeas, Yarra Valley Feta, almonds, carrot, sultanas & cumin with a lemon dressing

\$17

PASTA & RICE

MISTY RISOTTO (GF)

Chicken, mushroom, asparagus finished with pine nuts, truffle oil & Persian feta

\$21

SPAGHETTI BOLOGNESE

Wagyu beef & Kaiser bacon cooked in a rich tomato sugo, seasoned with Italian herbs and parmesan cheese

\$22

SOUP OF THE DAY

Please ask your waiter about our beautiful soup.

\$12

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PIZZERIA FROM 12NOON

GARY (V) (7"0) \$13 (10")
\$19.50

Confit garlic, rosemary, parmesan and mozzarella cheese

ANDREW (V) (7"0) \$13 (10")
\$19.50

Margherita, with sliced roma tomato, torn basil, mozzarella and parmesan cheese.

JIMMY (V)
\$19.50

White or Tomato base with miso maple pumpkin, cherry tomatoes, zucchini ribbons, heirloom cauliflower and mozzarella cheese, finished with basil pesto.

SHADY
\$19.50

Pepperoni, olives, sliced fresh chilli on top of mozzarella cheese, topped with fresh basil.

JUDSON
\$19.50

Tomato base sauce with Virginian ham, fresh pineapple and mozzarella cheese.

HUGO
\$19.50

Tomato base sauce with capers, olives, confit garlic, chilli, cherry tomatoes, anchovies and mozzarella cheese.

LARRY
\$21

Wagyu beef Bolognese, mozzarella, spinach and shaved grana Padano.

JYDEN
\$21

Tandoori chicken breast, tomato, spinach and mozzarella cheese garnished with red onion, yoghurt, fresh mint and a mango chutney.

RICHARD (V)
\$21

Mushroom duxelles, button & enoki mushrooms, broccoli, mozzarella cheese, caramelised onions and feta, drizzled with truffle oil.

JANSEN
\$21

Prosciutto, tomato, basil, mozzarella cheese, dressed with rocket and shaved grana Padano.

JOHN JOHN
\$21

Spanish-style prawn and chorizo, with sliced jalapenos, mozzarella cheese and chipotle aioli.

ZANE
\$21

Basil pesto base with grilled chicken, chorizo, olives, cherry tomatoes, mozzarella & gruyere cheese and finished with truffle oil and feta.

All pizzas can be made Gluten Free



KIDS STUFF

EGG & BACON ON TOAST	\$9
An egg cooked any way with bacon, served on a piece of toast	
HAM & CHEESE TOASTIE	\$10
This always keeps the little ones happy	
LITTLE ITALY (V)	\$10
Spaghetti tossed in Bolognese sauce	
VEGGIE STIR-FRY (V)	\$9
Broccoli, Zucchini & cauliflower in a sweet Asian sauce	
MARGERITA PIZZA (FROM 12PM) (7") (V)	\$12
Tomato base sauce and mozzarella cheese	
HAWAIIAN PIZZA (FROM 12PM) (7")	\$12
Tomato base with leg ham, fresh pineapple and cheese	
FRIES	\$8
Because who doesn't love fries?	
CINNAMON SUGAR WAFFLES	\$10
Severed with Nutella mascarpone & banana	
KIDS SUNDAE	\$8
Vanilla ice cream with marshmallows and topping of choice	

(V) Vegetarian